

# Christian Science Sentinel

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"What I say unto you I say unto all, WATCH."—Jesus



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[Healing experiences in *Sentinel* articles for children as well as adults are carefully verified.]

Founded in 1898 by Mary Baker Eddy,  
Author of the Christian Science Textbook,  
*Science and Health with Key to the Scriptures*



Marca Registrada

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# Christian Science Sentinel®

Marca Registrada

“What I say unto you I say unto all, WATCH.” Jesus

## Reasoning from a Spiritual Standpoint Brings Healing

ELIZABETH E. SWEDER

The ability to reason provides unlimited potential for the improvement of human lives. But reasoning from a material standpoint often results in limitation, discouragement, and acceptance of defeat. Through Christian Science we can learn to reason from the standpoint of Spirit, God, and claim our freedom from supposed material laws of disease, discord, and limitation.

The understanding needed to attain a spiritually scientific viewpoint is gained through study of the Bible and the writings of Mary Baker Eddy, together with prayer, self-discipline, and alertness. In this way we learn that man, correctly understood, is spiritual, unlimited, reflecting God, good. This Christly view expands our mental horizon, bringing increased health, harmony, and happiness into our lives.

In *Science and Health with Key to the Scriptures*, against the marginal heading "Standpoints changed," we find Mrs. Eddy's words: "When understanding changes the standpoints of life and intelligence from a material to a spiritual basis, we shall gain the reality of Life, the control of Soul over sense, and we shall perceive Christianity, or Truth, in its divine Principle. This must be the climax before harmonious and immortal man is obtained and his capabilities revealed."<sup>1</sup>

The material senses tell us nothing about the real, spiritual man, our true selfhood, for matter can never be cognizant of Spirit or spiritual man. So if we are seeking answers to our problems through prayer, it is futile to reason about them from the standpoint of the physical senses. Rather, we need to deny such evidence and claim man's perfection as God's idea. All spiritually scientific reasoning begins with perfect God and arrives at the inevitable conclusion of perfect man.

Failure to progress out of inharmonious situations may be the result of continuing to reason about a difficulty from evidence offered by the difficulty itself. If we would be healed, we need to be willing to turn thought away from physical sense testimony and begin with a recognition and acknowledgment of the absolute truth as it pertains to whatever is troubling us. Rather than lining up the details of the trouble and ruminating about them, we should hold to our spiritual standpoint consistently.

The healing way is to reason logically from spiritual cause to spiritual effect. Mrs. Eddy, the Discoverer and Founder of Christian Science, writes: "We reason imperfectly from effect to cause, when we conclude that matter is the effect of Spirit; but *a priori* reasoning shows material existence to be enigmatical. Spirit gives the true mental idea." And she continues in the next paragraph, "Reasoning from cause to effect in the Science of Mind, we begin with Mind, which must be understood through the idea which expresses it and cannot be learned from its opposite, matter."<sup>2</sup>

Spiritually based reasoning has a calming effect and prepares our thought for the inspiration of divine Truth. It silences the fear, emotion, and self-will that would keep us embroiled in confused, ignorant, materialistic thinking. It lifts thought above and beyond



a discordant picture into the understanding of spiritual reality and the demonstration of harmony.

The better we understand God's nature, the more natural it becomes to quickly see the incongruity of any suggestion of evil. If our first waking thoughts each day are of the allness of God, good, how unreasonable seem the suggestions or threats of error!

In Science man is wholly spiritual. He reflects his Maker, and therefore his identity includes nothing imperfect or ungodlike. Because God, divine Mind, governs man, no ugliness or inharmony can enter his consciousness or being.

Mrs. Eddy uses seven synonyms in defining God, which point to the spiritual substance and qualities comprising the divine character. As we ponder these synonyms, a deeper understanding of God unfolds in our thought. We begin to realize that, because we are in His likeness, we must reflect His qualities. Our perception of God as Life, Truth, and Love, as Mind, Spirit, Soul, and Principle, is expressed in our lives with increasing clarity. Then it follows that any seeming lack of a God-derived quality—such as the wisdom or intelligence of Mind, the strength of Spirit, the beauty of Soul, the vitality of Life, or the control of Principle—is an illusion of material sense. From this simple basis reason reveals the impossibility of any such lack.

It takes perseverance and alertness to develop the practice of looking at everything we do from a spiritual standpoint. We need to consistently claim God's allness and control, our likeness to Him, and the nothingness of matter or evil. Such spiritually based reasoning penetrates the hard crust of material belief and destroys the error that would fix thought hypnotically on some material evidence of discord. When enlightened reason reveals the powerlessness of mesmeric false belief, thought is spiritualized and healing results.

Christian Science concurs with the viewpoint of Christ Jesus, who knew the falsity of material evidence and reasoning. Mrs. Eddy writes in *Science and Health*, "So-called material existence affords no evidence of spiritual existence and immortality." And further on, "Jesus reasoned on this subject practically, and controlled sickness, sin, and death on the basis of his spirituality."<sup>3</sup>

Jesus defied matter, refusing to let material laws dictate to him. His many healing works indicate his insistence on man's perfection,

here and now, as the perfect child of an omnipotent and loving God. He clearly instructed his followers, "Be ye therefore perfect, even as your Father which is in heaven is perfect."<sup>4</sup>

To be consistent and correct in thinking, we need to detect and claim our freedom from fear, confusion, emotionalism, stubbornness, self-pity, mesmerism—whatever would result in matter-based, illogical thinking. Identifying ourselves as reflections of Mind, God, we will reason clearly, calmly, intelligently, and with inspiration in the face of any suggestion of error.

Christianly scientific reasoning, based on the allness of Spirit, enables one to apply his understanding of God at any time or place, in any situation. It opens up endless possibilities for the demonstration of divine Science. It annihilates discord and makes harmony evident in our daily lives.

<sup>1</sup> *Science and Health*, p. 322; <sup>2</sup> *ibid.*, p. 467; <sup>3</sup> *ibid.*, p. 356; <sup>4</sup> Matt. 5:48.

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Accept the demands of rightness

# God's Care Is Sufficient

ROBERT DOLLING WELLS

One thing should remain absolutely clear to us, no matter what circumstance we face or what the arguments are on the side of discouragement and dismay: God's love for us has not lessened, and His provision is sufficient to meet any need. It may be necessary to doubt the wisdom of our own ways or our current success in following God's way; but to doubt that God's way is available and that His love is at hand to fully bless our lives—that we need never do!

Anyone who has relied on the truths of Christian Science has had proofs of God's sufficiency. It is not at all surprising that the way of progress requires continued proofs. What was accomplished



yesterday or last year remains as a reason for great gratitude and contributes to the basis for our faith today, but it does not relieve us of the necessity—we should say the wonderful necessity—of meeting the demands of this day in the demonstration of God's care.

The need to demonstrate the truths we have known and proved is not a punishment but a call to more fully use what we have at hand. Mrs. Eddy writes: "Every day makes its demands upon us for higher proofs rather than professions of Christian power. These proofs consist solely in the destruction of sin, sickness, and death by the power of Spirit, as Jesus destroyed them. This is an element of progress, and progress is the law of God, whose law demands of us only what we can certainly fulfil."<sup>1</sup>

Our human troubles are rarely the result of facing insurmountable odds, of having demands made upon us that are beyond our capacity to meet. What we need to do to harmonize our affairs and gladden our hearts is almost always what we are able to do but have not yet done. The task of using our ability is coordinate with the joy of fulfillment. It is not a burdensome demand—to be all we are able to be. The burden, the unhappiness, the distress, are nothing more than a result of our resistance to the way of rightness. And Christ Jesus said: "Come unto me, all ye that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light."<sup>2</sup>

The Christ, which Jesus lived in such full measure, is the way of rightness he so tenderly invited us to follow. He did not find that way a burden but a joy. And we will find the joy of it as we accept the yoke of rightness he accepted for himself and showed to us.

What is it that is right and true at this moment, when we may be feeling discouraged over our lot and dismayed by what seem to be our prospects? What is it but the allness of God and the perfection of man as His child? When our human sense of things is in a turmoil, the simplicity of spiritual being remains available to us as the inviolable truth. Truth is within our reach and sufficient to lift the load of despair.

Spiritual being is our being now. Nothing we can face in the world overturns or can overwhelm the reality of God or His abundant care for us as His children. We don't need to think of the love

that God has for His creation as being for another time or place or merely for others. God's love, being omnipresent, is for us when we need it—now—at this time and in this situation. No matter what our circumstances, we can rest in this assurance and find the joy of knowing and proving our inseparable relationship to our Father-Mother God.

The moment makes its demands upon us, most certainly, but they are demands for progress, not merely for statements about spiritual being. Responding to right demands, we rest in activity, in the joy of doing. We can remember, and never doubt, that the progress we need to make is within our reach; and we can know the joy of spiritual accomplishment in proportion to our willingness to do what we are well able to do.

And what are we able to do right now? What can we do that we have not yet done?

The answer is always individual and unique: the ways of progress are as varied as the demands of our particular circumstances. We have the Bible's inspired Word, and the teachings of Mrs. Eddy in explanation of that Word. We know that God is All, that He fully supplies the need of His children, and that whatever evils we seem to face only demand of us a turning to Him and an acceptance of His all-inclusive care. With this as the background to our thoughts and acts we can specifically correct whatever arguments seem to support our distress of the moment. And we find, as we do, reason for joy. What seemed so troublesome has only brought us to face the need for progress.

Having faced that need and made the progress, we can say with Jesus, "My yoke is easy, and my burden is light."

<sup>1</sup> *Science and Health*, p. 233; <sup>2</sup> Matt. 11:28-30.

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*They that seek the Lord  
shall not want any  
good thing.*

Psalms 34:10



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# Harmony Is Always

BARBARA B. HOLLIDAY

"Trouble on the way to happening." Ever heard that expression? Too often the predicted result seems to occur—at least in part—and we appear to be at its mercy. But what might have been the result if we had chosen to challenge that suggestion at the outset, rather than to muse over it, brush it aside, or become afraid of it? "The thing which I greatly feared is come upon me,"<sup>1</sup> cried out Job in his despair.

The need to vigorously challenge menacing suggestions of evil is evident. Since man is God's perfect expression, we can know we have the divine right to refute with authority any apathy, reluctance, or ignorance that would keep us from making such a challenge.

Christ Jesus clearly understood the relationship of the Father and His beloved child. So much so that he could tell his disciples, "I am not alone, because the Father is with me."<sup>2</sup>

Jesus' understanding of man's inseparability from God is vividly illustrated throughout the Gospels. Again and again we see in them the harmonizing effect of his spiritual-mindedness. For example, the disciples were led by sight of the eye and hearing of the ear to fear for their lives in the midst of a storm at sea. In their panic they awakened their Master and poured out both their criticism and dire prediction: "Master, carest thou not that we perish?" It would have been impossible for one so conscious of the spiritual relationship between God and man to have accepted this discordant situation as having come from God, divine Mind, to afflict His beloved creation. With Christly authority Jesus rebuked the wind, "Peace, be still." Then "the wind ceased, and there was a great calm."<sup>3</sup>

God is absolute good, the eternal source of harmony, the only presence there is. If God, good, has always been, then harmony must have been already established. It is here, now, right where you and

I are. It is an integral part of our identity. Harmony is spiritual law. And it is Christian Science that reveals to us the availability and applicability of this law by giving us the correct sense of man as the full reflection of God.

We are not separate from harmony but are at one with it, and the opportunity to see this scientific truth and apply it successfully to our present experience is ever appearing. The power and presence of Mind and its law of harmony are eternally available. God is supreme over all. There is no outside to His infinity!

What is it then that may make harmony appear to be only occasional in our life? Just this—a limited, human concept of God and of His immutable government of man. We attempt to adjust His infinite knowing to our limited concept of good, instead of aligning our consciousness of being with all-harmonious divine Mind and declaring our right to know and experience what Mind is expressing.

We can begin to see harmony's more distinct impressions upon our daily living as we set about spiritualizing our consciousness. We can mentally dissociate life, happiness, and health from matter, the very opposite of Spirit, God, and relate them directly to their only true source, divine Mind. "Consciousness, as well as action," writes Mrs. Eddy, "is governed by Mind,—is in God, the origin and governor of all that Science reveals."<sup>4</sup>

The five corporeal senses are the only witnesses to inharmony, and they are provably liars. The testimony of these senses should always be scrutinized and evaluated by the higher, spiritual sense derived through our earnest, consistent identification with the one immutable Mind, God.

The subtle and sometimes aggressive suggestions of the material senses would deceive the very elect, just as the disciples were deceived during that ship experience. Our immunity to their menacing messages is found in a spiritual understanding of our relationship to the Divine. Material sense is incapable of reaching beyond its own erroneous concept of man as mortal and cannot adhere to, or even touch, divine Mind's perfect spiritual reflection, or idea, man. "Corporeal sense defrauds and lies," Mrs. Eddy tells us; "it breaks all the commands of the Mosaic Decalogue to meet its own demands." Further on she continues, "The corporeal senses are the



only source of evil or error.” And still further, “Outside the material sense of things, all is harmony.”<sup>5</sup>

We need to know, and frequently declare, that we are *outside* the material sense of things and within the eternal harmony of God’s infinite knowing of His perfect creation. It is our divine right, ordained by spiritual law, to experience the presence of God, good, and the present consciousness of harmony.

<sup>1</sup> Job 3:25; <sup>2</sup> John 16:32; <sup>3</sup> Mark 4:38, 39; <sup>4</sup> *Science and Health*, p. 480; <sup>5</sup> *ibid.*, p. 489.

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# Maintaining Altitude

PERSIS E. ZUBER

Arid regions unproductive for centuries have become fertile. Miracle? No, perspective. Looking down from an altitude where the true picture comes into view, the educated eye determines from the contours of the land where subterranean lakes may be tapped.

If we would survey the real universe and real man from the ideal vantage point, we could hardly succeed while stumbling along in ruts of discouragement. Traversing little hills of hope only to fall into sinkholes of corruption or valleys of frustration or disease can indeed be wearisome and futile. Yet this unlovely view of the world is too often presented to us via television, newspapers, and other mass media. Only by mentally rising above the rough terrain, out of the mirage of the physical senses into spiritual altitudes of thought, can we gain some appreciation of creation as it really is—spiritual and perfect.

A mortal, struggling in a hostile world only to be cut down by disease, famine, violence, inevitably returning to dust, is not man, created in the spiritual image of his Maker. This false view of

man has been deepened by millennia of earth-perception—of pre-occupation with that material view of man depicted by the Adam and Eve allegory.

The Science of Christ, discovered by Mrs. Eddy, enables each of us to climb out from the sands of mortal beliefs, no matter how deeply they claim to have engulfed us. We need but turn our gaze upward—raise thought in fervent prayer—to find the first solid footing out of discordant situations. Once begun and *steadily pursued*, the upward way is full of grand rewards. Mrs. Eddy writes, “Metaphysics, not physics, enables us to stand erect on sublime heights, surveying the immeasurable universe of Mind, peering into the cause which governs all effects, while we are strong in the unity of God and man.”<sup>1</sup>

Because all human experience is directly related to conscious or unconscious thought, it is imperative to stand guard against mental intruders. Such subversives as defeatism, unbelief, and apathy can impede or undermine our upward way. Envy, greed, hatred, selfish ambition, resenting and fearing the spiritually soaring consciousness that detects and eventually annihilates them, may seem to ambush the Horeb pilgrim. But if we forge ahead, unimpressed by the make-believe antics of mortal mind, or error, we can reach the summit and stay on it!

From the spiritual heights attained we perceive God’s allness and the absolute nothingness of anything unlike Him. The hills and valleys, the ruts, morasses, and shifting sands that seemed so real and unconquerable, fade away. The vastness of the vista of Spirit shows even the most gigantic human problem to be no more than a puff of mist. And mist can only temporarily obscure the true picture.

Astronauts, orbiting earth, experience a new dimension of vision and weightlessness. In a sense, so can you and I. The gravity of materialism would seek to tie us securely to the finite. It would argue strongly for the attractions of the senses and hold us magnetically whenever we try to rise. But we can resist the downward pull of materiality and gain a more spiritual view. Christ Jesus shows us the way. As related in the fourth chapter of Matthew: “The devil taketh him up into an exceeding high mountain, and sheweth



him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve.”<sup>2</sup>

As thought soars beyond the magnetic field of human beliefs, medical theories, theological falsities, dogmas, and doctrines, into the rarefied atmosphere of keener spiritual awareness, we can rejoice every day in greater freedom from the pull of matter. This is the ascent of human thought to an altitude where one can begin to prove his dominion over all that constitutes earth—even mortality itself.

This mountaintop consciousness can be maintained with diligence, inspiration, and discipline. It requires that our thoughts be examined in the light of Science for purity and motive. It demands the radical rejection of anything not measuring up to the high standard of spirituality, “bringing into captivity every thought to the obedience of Christ.”<sup>3</sup>

Mrs. Eddy’s writings offer us endless opportunity for gaining the inspiration so vital in maintaining our spiritual elevation. Christian Science literature and lectures give needed sustenance, as do the Sunday services and Wednesday evening testimony meetings held throughout the world in Churches of Christ, Scientist. Mrs. Eddy’s provision for class instruction and the yearly association meeting enables serious students to attain peaks of inspiration from which they can vividly behold man and the universe pure and undefiled. Healing naturally results from such exalted thought.

A Christian Scientist, returning from her annual association meeting, was immensely uplifted by the speaker’s theme on the continuity of Life. Driving home, she gained a new insight into God, or Life, as never separated for an instant from His reflection, man; man included her, her family—all mankind.

That night she was awakened by a crash. She found a family member unconscious in a heap of shattered window glass. The picture was terrifying, and no help was available. All the truths that had been meaningful in the association address came flooding back. One by one the Scientist declared them loudly and repeatedly.

Refusing any suggestions that life could end, she clung to man's inseparability from the Father, who is Life eternal.

In a short while, her companion regained consciousness and got up without even a scratch from the spears of glass. Mrs. Eddy writes, "Faith full-fledged, soaring to the Horeb height, brings blessings infinite, and the spirit of this orison is the fruit of rightness, —'on earth peace, good will toward men.' " <sup>4</sup>

Altitude of thought is a present possibility for all to achieve and maintain!

<sup>1</sup> *Miscellaneous Writings*, p. 369; <sup>2</sup> Matt. 4:8-10; <sup>3</sup> II Cor. 10:5; <sup>4</sup> *The First Church of Christ, Scientist, and Miscellany*, p. 281.

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## BLISS

I am enfolded in infinity—  
 at one with the One!  
 Not a particle revolving in space,  
 not in cumbersome solitude  
 apart from the rest,  
 but at one with the one Mind—  
 happily united  
 with all there is that can be  
 loved,  
 cherished,  
 known;  
 included in His embrace  
 where none is left out,  
 sharing endless bliss  
 with all of His own,  
 seeing and seen  
 in true light  
 f o r e v e r !

H. MARIANNE SCHMIDT



# Safety Now

MARGUERITE SAYE

Calamities loom ahead if we continue to identify ourselves as mortals, subject to material belief. Greed threatens to rob and hatred to kill if we find no protection beyond that offered by military pacts or local police. Food shortages project disaster for whole nations if we look to the physical universe alone to feed us. Yet despite all these threats, we can find safety through spiritual inspiration.

The divine Mind which is God impartially guides and protects each individual in practical ways just as surely as, for example, it did Abraham, Moses, Peter, and Paul. Divine Mind shows each of us not only what we need to do to disarm each threat but also how to do it. We need, however, to acknowledge Mind's all-wisdom and seek it. We need to silence the intellectual egotism of a belief in a personal intelligence separate from God. God's children can have no other Mind, nor can they be separated from Him in any way. As we begin to recognize this and seek inspiration from Mind, we find it. Then we need only follow Mind's commands to find that spiritual reality understood does indeed provide human protection.

God is Love—all-powerful, ever present, tenderly caring for each of us. When we acknowledge that Love is real and present, we feel Love's embrace and receive Love's inspiration. This protects us humanly, no matter what the danger may seem to be.

Our true safety is eternal and is established through spiritual law. Mrs. Eddy writes: "In divine Science, God is One and All; and, governing Himself, He governs the universe. This is the law of creation: 'My defense is of God, which saveth the upright in heart.'" On the next page she continues, "In this eternal harmony of Science, man is not fallen: he is governed in the same

rhythm that the Scripture describes, when 'the morning stars sang together, and all the sons of God shouted for joy.'"<sup>1</sup> But we need to understand this law of creation, which ensures safety.

Now no such understanding is established in human consciousness without effort. What is required of us is to begin to learn what God is—that He is all Life, Truth, Love, all intelligence, the only true substance. We need to prove for ourselves in some degree the reality of His allness and understand our place within His universe of Spirit as His spiritual children. We need to affirm with understanding God's harmony and refuse to accept as real anything that appears to contradict it.

We can do this day by day, and so see evidence of His presence and power which overcome the discord of generally accepted, threatening material beliefs. We may not be able to quell every storm, but we can always find a safe place, protected from each storm. For as we acknowledge God's infinite power, we demonstrate His law of protection, if only in small ways. And we see the truth of Mrs. Eddy's words, "Step by step will those who trust Him find that 'God is our refuge and strength, a very present help in trouble.'"<sup>2</sup>

One night I suddenly awoke from a sound sleep, thinking, "Wouldn't it be awful if the room where my son is sleeping should fill with gas from a heater?" Immediately, I began to pray, for that young boy was many miles away in a mountain cabin without a phone. I denied that there was any power to harm or kill the spiritual child of God. I affirmed that divine Mind controlled, alerted, and aroused to proper action that boy and those around him. I considered the implication of Life's eternality and the immortality of man until I felt assured of everyone's safety.

When he returned, the first thing my son said was, "Joe's Dad woke us up in the middle of the night and opened all the windows because our room filled with gas from the heater that had gone out." Comparing times, we found that the father had first awakened at almost exactly the time when I had felt that all was well. That evidence of God's protection strengthened my faith in His spiritual law and in the power of prayer to bring human consciousness into accord with it. When properly applied, spiritual law always saves us from material hazards.



Once Christ Jesus' understanding of spiritual law enabled him to escape from an angry mob. We're told, "Then took they up stones to cast at him: but Jesus hid himself, and went out of the temple, going through the midst of them, and so passed by."<sup>3</sup> His understanding of divine Love allowed no victory for hate.

Speaking of the evening before his crucifixion, Mrs. Eddy states, "Jesus prayed; he withdrew from the material senses to refresh his heart with brighter, with spiritual views."<sup>4</sup> This rejection of material evidence for spiritual reality was the basis of his protection throughout his experience. Here Jesus has given us a model to follow, which is never outmoded. Today, when we refute material threats by adhering to the divine law of safety, we gain spiritual insight; this provides the protection we need humanly.

We strengthen our spiritual understanding as we live the truths found both in the Bible and in its key, the Christian Science textbook, *Science and Health* by Mrs. Eddy. We gain ability to demonstrate our perpetual safety as we listen for and obey the gentle voice of Christ, Truth, which is always more potent to annul threats than the voices of doom are to produce them. We claim our protection as we refuse authority to a single lie of material belief—whether of personal lack or worldwide threat—opposed to God's present good.

We need to cherish our spiritual understanding and not permit seasonal lulls or mental strikes to hinder our spiritual growth. We need to grow daily in our understanding of God's infinite power and love. And more, we need to give daily proof of that understanding by responding promptly and fully to the inspiration we receive from Truth and Love. Then, when it could be written of us as it was of Noah, "Thus did Noah; according to all that God commanded him, so did he,"<sup>5</sup> we'll always be safe. And our spiritual understanding of God as present refuge will help others find their protection, too.

<sup>1</sup> *Miscellaneous Writings*, pp. 258-259; <sup>2</sup> *Science and Health*, p. 444; <sup>3</sup> John 8:59; <sup>4</sup> *Science and Health*, p. 32; <sup>5</sup> Gen. 6:22.

# The Truth of You, and All

HANS LIÉSEGANG

You are a child of God, Spirit. He is the source of your being. You are not Spirit, but are spiritual, as the sunbeam is not the sun but expresses it.

God is Spirit, eternal and infinite, and God is All. We live and have our being in God as His immortal idea, and not in the belief of changeable, limited, and perishable matter.

God, divine Mind, has no thoughts of perishability and death. Otherwise He would be mortal. What God knows is all that's really true. The biblical writer who calls himself the Preacher affirms in Ecclesiastes, "I know that, whatsoever God doeth, it shall be for ever: nothing can be put to it, nor any thing taken from it."<sup>1</sup> You are and remain as God knows you because that is the way God created man, perfect and immortal. There is no other possibility. Life is where and what God is—everywhere and eternal. God is Life, and what exists in Him does not die.

God, divine Mind, is the one and only consciousness, omniscient and all-pervading, knowing only the divine perfection of all true being. Therefore you can be always conscious of yourself as spiritual, an individual expression of Spirit. Thoughts of lack, sickness, sin, or any other imperfection have no place in your consciousness of true being. If they seem to persist, you can know that they are illusions of mortal thinking that have nothing to do with you. They are never true, because God never created them. He doesn't know them.

Anything that does not correspond to the divine, the spiritual, has no reality and does not belong to you. Referring to Paul's behest, "Let this mind be in you, which was also in Christ Jesus,"<sup>2</sup> Mrs. Eddy says in *Science and Health*, "Man and his Maker are correlated in divine Science, and real consciousness is cognizant only of the things of God."<sup>3</sup> The things of God are good.

Jesus exposed the error of the belief that sin, disease, and death are sent from God and have been given dominion over man. Through his obedience to God's law in all his teaching and healing he overturned the laws of matter. Individuals unacquainted with the truth of spiritual being call his works miracles. Christian Science shows that they are divinely natural and prove the dominion of Spirit, infinite Life and Love. Jesus brought to human perception the divine order, in which there is only perfection.

Perfection is not the result of human efforts and human will. Perfection is the nature of divine Principle. It reigns with the omnipotence of infinite Truth, Life, and Love. The Christ reveals this power. Jesus allowed the Christ to work. You too can do this.

The Christ is not a person. It is the immortal evidence of Spirit, revealing the truth of God and man. Christ, Truth, does not battle with evil but outshines it and reveals man's eternal sonship with God, divine Life and Love. Mrs. Eddy writes: "Christ is the true idea voicing good, the divine message from God to men speaking to the human consciousness. The Christ is incorporeal, spiritual,—yea, the divine image and likeness, dispelling the illusions of the senses; the Way, the Truth, and the Life, healing the sick and casting out evils, destroying sin, disease, and death."<sup>4</sup>

I have experienced its healing effect time and again. One evening, on my way home deep in thought and completely well, I passed a woman who was coughing heavily. When I reached home, I felt the onset of a strong cold. I remembered immediately that Christian Science requires that we look upon the Christ, not material conditions, as real. As I followed this reminder, I recognized what I had been misled to do. I had automatically made a large arc detouring around the woman. And now the contagion I feared had come upon me. But God sends no sickness; therefore there is no infection. In truth, there is only the idea of God, the man created by God and always preserved by Him in perfection.

In the light of this truth I saw the mesmeric nature of the belief in contagion. I denied that it had any reality or power, and I affirmed the healing power of the Christ, Truth. The next morning I went to work entirely well. This was my first experience in applying Christian Science in healing physical illness, and it brought me a valuable lesson, exposing the deceptive nature of evil—which often



operates under the pretext of being helpful and good—and proving the omnipresent power of the Christ, Truth.

The Christ helps us recognize man not as a sick and sinful mortal but as God created him in His own image and likeness, therefore spiritual and “very good.”<sup>5</sup> Then the healing of sickness and sin and the solution of the problems of everyday life confirm the omnipotence and omnipresence of Spirit and the nothingness of matter.

As in many of his utterances, Jesus spoke of the Christ when he said, “Lo, I am with you always, even unto the end of the world”<sup>6</sup>—until the end of all material belief and the establishment of the spiritual understanding that God, Spirit, is All-in-all.

<sup>1</sup> Eccl. 3:14; <sup>2</sup> Phil. 2:5; <sup>3</sup> *Science and Health*, p. 276; <sup>4</sup> *ibid.*, p. 332; <sup>5</sup> Gen. 1:31; <sup>6</sup> Matt. 28:20.

## Emerging from the Outgrown

ESME A. GOLLSCHESKY

At one time we lived on a banana plantation. The snake population of that subtropical scrubland had discovered that a bunch of green bananas offered cool refuge from the heat. Unnoticed by the carters, the snakes were often brought into the packing shed still twined among the hands of fruit on the tall stems.

A carpet snake (considered nonvenomous) was brought into the shed one day. He was too big and his colors too variegated for him to escape notice; but as he seemed so scruffy-looking, torpid, and dull, we just put the bunch in a corner and forgot about him. Until, that is, we later saw him emerging from the shadows. By then he could hardly be recognized as the same snake. His lethargy was gone; he was resplendent in a new skin—or rather, in the skin

revealed by his shedding the old one; his colors were jewel-bright and exquisitely patterned.

The snake's shedding of what it had outgrown provides us with a simple analogy. It illustrates the changes that take place in human beings when thought is changed from a material to a spiritual basis, from mortal reasoning to spiritual inspiration. Then the sense of man as a material being, dependent on a physical body and living by a material scale of values with all its limitations, is no longer acceptable. Growing spiritual awareness can never be contained in a constricted, material sense of reality.

As an individual emerges from outgrown, outworn belief in the validity of material laws, his true selfhood, the idea of God, expressing the goodness of God, becomes clearer to him and others. Paul wrote, "If any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new."<sup>1</sup>

This apparent metamorphosis is not achieved merely by human effort, praiseworthy though that may be and even necessary to the evolvment of each one of us from matter-based thought to spiritual understanding. It is the healing Christ, revealing man's unbroken unity with God, that effects the transformation. And as our unity with God becomes clear to us, we also perceive the simple yet profound truth that the real man, the spiritual idea of God, never changes. He does not evolve from one condition to another, better one. He already *is*—whole, spiritual, eternal, and perfect. He has always existed at the point of perfection.

But as human thought is spiritualized—as men and women gain a higher concept of their own being—their character, appearance, and ability all undergo marked changes for the better. Mrs. Eddy reminds us, "The Bible teaches transformation of the body by the renewal of Spirit."<sup>2</sup>

We expand our spiritual understanding through prayer, study, and purification of motive, by learning to live in the full consciousness of our unity with the Father-Mother God. Then we attain progressively that spiritual awareness which enables us to perceive the reality of true being right where mortal fear and pain claim to be. Paul urged, "Put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; and be renewed in the spirit of your mind; and . . . put on the new man,

which after God is created in righteousness and true holiness.”<sup>3</sup>

That putting on of the new man is attained only as old habits of thought are sloughed off, and our real being, coexistent with God, is allowed to show forth. In absolute truth there is no old man to discard. But we need to prove this through Christian Science, and it sometimes seems that constricting false beliefs about the nature of God and man are not easy to be rid of. Yet Paul assures us, “It is God which worketh in you both to will and to do of his good pleasure.”<sup>4</sup>

One is changed by the healing touch of Christ, Truth. Truth makes him a different person, inwardly and outwardly. But it is well to remember that it is still only the human concept that changes. Man, the likeness of God—the only man that really exists—is never less than perfect, immortal, and complete. Only mortals need improving, and Mrs. Eddy tells us how improvement is achieved: “Mortals must gravitate Godward, their affections and aims grow spiritual,—they must near the broader interpretations of being, and gain some proper sense of the infinite,—in order that sin and mortality may be put off.”<sup>5</sup>

It is essential that we take all practical measures leading to more spiritualized thought and conduct, but it is the Christ, not human effort alone, that works the transformation. The Christ brings to thought the clear consciousness of God as All, and of man as eternally God’s pure idea. In the words of Mrs. Eddy, “The great spiritual fact must be brought out that man *is*, not *shall be*, perfect and immortal.”<sup>6</sup>

<sup>1</sup> II Cor. 5:17; <sup>2</sup> *Science and Health*, p. 241; <sup>3</sup> Eph. 4:22-24; <sup>4</sup> Phil. 2:13; <sup>5</sup> *Science and Health*, p. 265; <sup>6</sup> *ibid.*, p. 428.

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*He that overcometh shall inherit  
all things; and I will be his God,  
and he shall be my son.*

Revelation 21:7



# Paul and the Churches

Helen Wood Bauman

The Bible tells us about a man who was first known as Saul of Tarsus. He was a religious man who wanted to do what was right. But he didn't know what was right. He didn't understand the followers of Jesus, and he made trouble for them.

One day Saul was on his way to a city named Damascus where he was to catch some of Jesus' followers and tie



them up and take them off to punish them. He believed this was right. The Bible says in Acts, "Suddenly there shined round about him a light from heaven." Then a voice said, "I am Jesus whom thou persecutest."<sup>1</sup>

Saul saw Jesus in a new light. The light that Saul saw was the Christ, Truth, which Jesus had come to show to mankind. Jesus has been called *Christ* Jesus because he showed Truth so clearly in his life. Jesus healed people because he saw that evil was no part of them.

Saul changed his ways after he saw the light of Christ. So he took the new name of Paul. Right away he began to share the wonderful truth with others. He began to preach to people and to tell them that Jesus was the one who would save them from evil. Paul taught the people that they should follow Jesus' teachings.

For several years Paul went about many countries starting Christian churches. It wasn't easy. He was beaten up again and again by people who wanted to keep him from preaching. When Paul was away he wrote letters to the Christian churches. Some of those letters are in the New Testament of the Bible where we can read the wonderful truth of Christ he taught. He healed people. He said to the Christians in Philippi, "I can do all things through Christ which strengtheneth me."<sup>2</sup>

Paul knew that people who love Christ should band together into churches. This helps them protect the pure understanding of the Christ, Truth, and teach it to the world. Since the time Paul taught, millions and millions of people have become Christians through the churches.

All of this happened because Paul was willing to do what was right. In *Science and Health* Mary Baker Eddy says, "Saul of Tarsus beheld the way—the Christ, or Truth—only when his uncertain sense of right yielded to a spiritual sense, which is always right."<sup>3</sup>

We can always be sure we are right when we love Christ, Truth, and are willing to listen to God.

<sup>1</sup> Acts 9:3, 5; <sup>2</sup> Phil. 4:13; <sup>3</sup> *Science and Health*, p. 326.

# Editorials



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## Loving the World

Engineering projects, arts and crafts, better agriculture . . . does spirituality mean shunning all such concerns and delights of mankind?

There's a vital distinction between loving the world and loving worldliness, a difference between loving mankind and being absorbed in material living.

"God so loved the world," the Bible tells us, "that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."<sup>1</sup> Because God loves the world, should not we, too? To love the world means, for us, understanding and enjoying what is good in life and helping to eliminate the troubles we see about us.

We can't love the world by humanly escaping its conditions or by pretending—simply believing—the world is not there. Loving the world, we lay aside a merely parochial outlook. We delight in the fact that, while much of the good in the world is not directly attributable to denominational activities, it *is* attributable to the presence and power of the Christ, Truth. To love the world means to be alive to, and thankful for, the abundant value of so much in it.

To love worldliness means to be so absorbed by the world—like ink in blotting paper—that we lack the spiritual dimension and capacity that recognize genuine good as having its roots in God, infinite good. To love the world means to be so concerned to abate what is not worthwhile in it that we drop self-concern sufficiently to pray for the world, for the nullifying of all that opposes authentic good. Just ignoring claims of discord, especially when we're learning through Science how to bring Truth's healing power to bear on



them, would be selfish and unchristian. To be unappreciative of the tremendous urge for more justice and peace would be likewise unchristian. Of a real Christian Scientist, Mary Baker Eddy says, "He lives for all mankind, and honors his creator."<sup>2</sup>

To love the world is not to fear or resent it. It is to appreciate the potency of good, to see it as God-impelled and divinely sustained. And to recognize, on the other hand, the impotence of discord, greed, and callousness. The purpose of Christian Science is not to denigrate and destructively criticize mankind but to bless it.

In founding *The Christian Science Monitor* Mrs. Eddy irresistibly implies this. This action is inseparable from the revelation of true being that came to her, and which made still more practical her love for mankind. Her aim for her newspaper is in perfect accord with her purpose for Christian Science. "The object of the *Monitor*," she says, "is to injure no man, but to bless all mankind."<sup>3</sup>

The ideal aim of each Christian Scientist parallels that of the *Monitor*. And in the teaching of Science that God is omnipotent good lies the means, the practical method, of avoiding injury to others and blessing them. Science shows that reality is not what it's generally judged to be, made up of an enormous material universe and physical man tucked away in a relatively tiny corner of it. Reality is comprised of God and the borderless expression of God appearing in man and all creation. Many are recognizing the primacy of good. They express this in urging peace and compassion in place of lust for material power and personal domination. The understanding of Christian Science is basic in achieving this. It gives the scientific way to distinguish between true and false power, between pretenders to good and true good.

In divine metaphysics reality is not two-tiered, spiritual and material. There is only one plane of being, one kind of reality, the spiritual. Good is total, not confined more or less wholly to some otherworld territory. The world—*this* world, when we see it rightly—moves along the orbits of Love, not along some path of its own.

Good may sometimes seem almost like a tropical bird of paradise in the jungle—appearing only intermittently and then timidly! This does not evidence the nature of good but of the human vision of it.

Artistic ventures, no less than engineering feats, helping mankind feel more secure and rich, at least hint at the care and presence of

Spirit. They confirm Spirit's infinitude, though we may see that infinitude only dimly.

Where do we really live? In infinite Spirit. There's nowhere else to be. In the degree we realize this, we see Spirit and its activity evident where we perhaps didn't notice it before. We contribute something to bringing about a better world, and we observe a better world. When we love Spirit, we love all. This is so because we see everything in its true spiritual substance and identity.

"Holding a quickened sense of false environment, and suffering from mentality in opposition to Truth, are significant of that state of mind which the actual understanding of Christian Science first eliminates and then destroys,"<sup>4</sup> Mrs. Eddy tells us. To feel either overwhelmed by a "sense of false environment" and "mentality in opposition to Truth" or helplessly drawn to them is, in effect, symptomatic of worldliness. Christian Science gives a new standpoint, the entirely spiritual. From that standpoint we love the world in a special and unique sense—scientifically, appreciatively, healingly.

GEOFFREY J. BARRATT

<sup>1</sup> John 3:16; <sup>2</sup> *Miscellaneous Writings*, p. 294; <sup>3</sup> *The First Church of Christ, Scientist, and Miscellany*, p. 353; <sup>4</sup> *Unity of Good*, p. 56.

## From All Eternity

Preexistence, as a word, appears comparatively rarely in Mrs. Eddy's writings; but the concept of preexistence permeates her teachings. A right understanding of it is most helpful to the effective practice of Christian Science healing. Preexistence, spiritually understood, reveals our relation to eternal Spirit and Spirit's eternal creation; it identifies us as sons and daughters of God, coexistent with our divine Father-Mother from all eternity.

Recognition of this preexistence starts to free us at once from a whole range of mortal beliefs. It takes each of us back beyond physical birth and conception. Beyond material inheritances and the incidents and accidents of the natal and prenatal period. Beyond family, tribal, and national backgrounds. Beyond theories that we've been formed in response to climatic, historical, or global en-

vironments. Beyond formation of our earth some four and a half billion years ago and of our universe some fifteen billion years ago. Beyond the whole material cosmos:

Spiritual preexistence also places us beyond the reach of the pseudoscientific superstitions of astrology that focus on the moment of physical birth. Or of reincarnation that claims we are repeatedly reborn on earth into a succession of physical bodies and personalities. It takes us back beyond all such falsities, beyond all material forms and concepts to original spiritual reality.

Necessities of human language make us speak of preexistence as taking us back *beyond* or *behind* material history. But these words shouldn't mislead us into regarding our preexistence as being localized at some far back point in time or space. Spirit and its creation are independent of either duration or distance. The concept of preexistence, like the concept of immortality or life beyond death, only appears related to a space-time continuum when looked at from within that continuum, from within the belief of mortality.

Consider a thin cloud blowing across the sun. We first see the full brilliance of the sun; then a pale and perhaps partial disk shining through the cloud; finally the full brightness of the sun emerging on the other side of the cloud. All this while the sun's full brilliance has been shining warm and bright more than ninety million miles above the cloud. The sun has not experienced preexistence, then existence as a pale disk, and finally a bright hereafter. It has only appeared to go through these phases to the earthbound observer. Similarly the true spiritual identity of each individual man and woman remains unaffected by the phases of mortality. It eternally coexists with its Maker, reflecting His undimmed radiance.

Christ Jesus, while still on earth, so understood his spiritual identity that he could transcend earthly limitations to an exceptional degree. This enabled him to speak with authority of both his preexistence and his divine coexistence. "Before Abraham was, I am,"<sup>1</sup> he said; and "No man hath ascended up to heaven, but he that came down from heaven, even the Son of man which is in heaven."<sup>2</sup> Man's true identity never leaves the harmony of the divine presence. Descent and ascent are what human sense sees; but as Mrs. Eddy says, "Coming and going belong to mortal consciousness."<sup>3</sup> That which knows itself to be unborn, undying, neither comes nor goes.



Mortality is the material, temporal counterfeit of this unchanging spiritual identity. It is never more than a mesmeric suggestion projected by a supposed material consciousness, the exact opposite of divine Mind, God. Instead of eternity it postulates a time-frame with beginning and end; instead of infinity a space-frame of vast but limited distances. It then claims to populate this time-space frame first with nonintelligent bodies, stars and suns and planets, then with sentient physical bodies, vegetation, animals, and people.

Divine Spirit and its wholly spiritual creation are as separate from this material counterfeit as the sun is separate from the wraith of cloud that to an earthbound observer appears momentarily to hide it. Yet as the steady shining of the sun outlives and outlasts the cloud, so the eternal action of Spirit outshines and dissolves whatever would claim to contradict its all-presence and power or hide the unshadowed perfection of its spiritual universe.

The dissolving of this lie is by the operation of the Christ, the true idea of God, declaring and demonstrating the eternal facts of Spirit and Spirit's creation. In Christ Jesus the Christ was exemplified as completely as possible in a single human life-span. In Christian Science the Christ is revealed as eternal, impersonal Truth. The result of the action of the Christ is the dissolving of both the material counterfeit and the supposed consciousness that projects this counterfeit. Instead the Christ reveals ever-present spiritual reality.

Mrs. Eddy writes, "The meek Nazarene's steadfast and true knowledge of preexistence, of the nature and the inseparability of God and man,—made him mighty."<sup>4</sup> And John's Gospel says, "As many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God."<sup>5</sup> The same knowledge of the inseparability throughout all eternity of divine Parent and son that enabled Christ Jesus to perform his mighty works is present in the Christ Science today, bringing healing to this age.

PETER J. HENNIKER-HEATON

<sup>1</sup> John 8:58; <sup>2</sup> 3:13; <sup>3</sup> *Unity of Good*, p. 61; <sup>4</sup> *Miscellaneous Writings*, p. 189; <sup>5</sup> John 1:12, 13.

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# Testimonies of Christian Science Healing

[Original in Italian]

I am very grateful to have become acquainted with Christian Science, which has given life and the joy of living back to me. Before becoming acquainted with Christian Science, I was a steady customer of the pharmacist. I suffered from intestinal disorders and from a duodenal ulcer. In addition, I was declared by medical doctors to be unable to work because of an accident which had resulted in a skull fracture.

One of my acquaintances advised me to read *Science and Health with Key to the Scriptures* by Mary Baker Eddy, and from the very first pages I knew that I had found what I had been seeking for so many years: the truth. A passage from the Bible which was a great help to me in rebuilding my life, my character, and my conviction that I could take up work again, is found in Jeremiah (29:12, 13): "Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you. And ye shall seek me, and find me, when ye shall search for me with all your heart." I began the daily study of the Lesson-Sermon in the *Christian Science Quarterly*, and attended the services of a Church of Christ, Scientist. Gradually I took up my work again, which I am now carrying out with joy and vigor. I have also had a complete healing of the physical disorders.

Among the many proofs of divine care I have had, one in particular is quite important to me. One day I slipped heavily on the bathroom floor in my house, causing my ribs to crack. The pain was

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The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.



severe, but with difficulty I succeeded in getting up and telephoning a Christian Science practitioner, asking her to help me with prayer. The practitioner told me to reflect upon a Bible verse (Isa. 11:5), "Righteousness shall be the girdle of his loins, and faithfulness the girdle of his reins." She also reminded me that, as Mrs. Eddy affirms in *Science and Health* (p. 424), "accidents are unknown to God, or immortal Mind, and we must leave the mortal basis of belief and unite with the one Mind, in order to change the notion of chance to the proper sense of God's unerring direction and thus bring out harmony." The healing that followed was complete, and I could take up work again and also take care of my little seven-month-old granddaughter, who was in my care.

I am grateful to have been able to share this marvelous truth with my daughter, and now her whole family attends a branch Church of Christ, Scientist. My gratitude to God for the Saviour, Christ Jesus, for Mrs. Eddy, and for the Christian Science practitioners is truly great.

(Mrs.) MARIA FRANCHI  
Milan, Italy



Christian Science was explained to me first by a dear aunt when I was twelve years old. I will never forget her explanation of the first two chapters of Genesis in the Bible revealing to me the true spiritual creation and the false concept. This lifted me out of darkness and depression.

I had lost my mother when I was three and had been separated from my father when I was twelve. It was inspiring to learn from *Science and Health* by Mrs. Eddy that God is my real Father and Mother and He lovingly cares for all of my needs.

I graduated from high school during the economic depression and stood in line to look for my first job. During this time I met the man who later became my Christian Science teacher. He prayed for me and taught me how to do deep study with the Concordances to the Bible and Mrs. Eddy's writings. I learned through this study there is only one business and that is the business of expressing God's qualities, such as love, intelligence, and joy. When I grasped this

thought I knew I was already employed and could never be without employment. Very soon after this I was offered a position that gave me much happiness and satisfaction.

Over a period of forty years I have had many physical healings, including one of a nervous breakdown twenty-six years ago. This healing came about in five weeks. The illness was such that during the first two weeks I had to have a nurse with me day and night. It was a turning point for me, as I began to glimpse more clearly that life is spiritual, not material. Since then I have had further enlightenment along this line through my continued study of Christian Science.

When my son was a teen-ager he had a healing of sores on his leg. This was not a quick healing. There was much fear to be overcome in my thought as well as the boy's. A great love flooded my thought one morning while I was in church, when the First Reader read (I John 3:2), "Beloved, now are we the sons of God." Love sustained us all through this experience, which resulted in complete healing. Mrs. Eddy states in *Science and Health* (p. 34), "Through all the disciples experienced, they became more spiritual and understood better what the Master had taught." We too grow in spiritual understanding as we learn to take a firm, unwavering stand against the arguments of mortal mind.

My heart overflows with gratitude for Christian Science and the enlightenment it is bringing to the whole world.

(Mrs.) LOUISE CLARKE HARSCH  
San Francisco, California



With love, loyalty, and gratitude to God, I ask that you print this testimony to the power of divine Love. For many years I have been a worker in the vineyard of Christian Science, with a high sense of honesty and justice for all. So I hope my sharing of this experience will be an encouragement to all who feel themselves threatened by injustice.

Many years ago after our family had moved into a new home, a note came which read: "We do not want any Negroes in the neighborhood." I said to my husband, "They must be made to

know, as we must know, God never made a black man, a white man, or a brown man. He made man in His own image and likeness."

At that time my husband had to walk five blocks for the bus that took him to work. When he left, I was alone in the house with our five-year-old daughter. Even though the threatening note had been received earlier, no one came to our door except someone inquiring for a person living at another address.

Weeks went by without incident. Then one evening I looked out the window and saw a menacing figure in front of my house, also one across the street and one on each corner of the streets surrounding our home. From the way they were acting, there could be no doubt whatever about their intentions. I said to myself, "This must be them."

I at once got my Bible and copy of *Science and Health* by Mrs. Eddy and went upstairs to study. I was not afraid, because I know that God is always with me. I was grateful, as I live to love. "Perfect love casteth out fear" (I John 4:18). There is nothing to fear where God, Love, is, and there is no place where God, Love, is not. When I came down to prepare the evening meal the picture had completely changed, and the atmosphere of Love was felt. Nothing was ever seen or heard of from this group again.

I wish to express gratitude for instant help in Christian Science, which has kept me in excellent health over the years. We truly have a God at hand. I am living to love.

(Mrs.) MAUD WILSON  
Indianapolis, Indiana



I used to have regular appointments with a dentist to have my teeth cleaned and a cavity or two filled. Then in six months I did the same thing over again.

One time my dentist expressed great concern over the condition of some of my teeth. So I decided to do something about this. At home I got out my Bible, *Science and Health* by Mrs. Eddy, and the Concordances. I looked up the word "substance" and jotted down every page and line referred to that I could find on the sub-



ject. I looked up each one, made notes on some, and copied parts of others. I even memorized some lines that were especially inspiring. Mrs. Eddy says (*Science and Health*, p. 468), "Substance is that which is eternal and incapable of discord and decay," and further in the same paragraph, "Spirit, the synonym of Mind, Soul, or God, is the only real substance."

I kept up this study for some time. At the end of the six months, as I'd heard my previous dentist had retired, I chose another, who had the reputation of being the best in town. After examination of my teeth he asked, "Have you changed your diet? There are several small cavities there, but they have all ceased action, and I can't think of any reason why they would cease action unless you have changed your diet." I had not changed my diet, but on the way to my car after leaving the dentist's office it struck me, Of course those cavities had ceased action! They couldn't possibly continue action in the face of all that good, prayerful metaphysical study I had been doing on the subject of "substance." So I rejoiced and gave praise to our Father-Mother God, and went home and studied some more.

A year or two after that I had occasion to have a physical check-up for employment, which included a thorough dental examination. The dentist finally said, "You have better teeth than a lot of the young fellows going through here." So I thanked him, and again I went on my way rejoicing and giving praise to God, to whom all praise was due.

About twenty years ago I wore eyeglasses. It was expected I'd continue to do so. In fact I was told to wear them everywhere except to bed. They were always such a nuisance, especially on Saturday afternoons when I was working around the yard. I was continually having to take them off, clean them, and put them back on again.

Finally I decided they could just be laid aside! Well, I knew what that meant. It meant I would have to use every bit of understanding of Christian Science I had, and maybe some more. I went into the house and prayed as we are told to do by Christ Jesus (Matt. 6:6), "When thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly." I had a

long talk with our Father-Mother God. I asked for His guidance in the right and His support on my way to understand better my spiritual nature as His idea.

Then I wrote a letter to a Christian Science practitioner in another state and told her the step I'd taken. I also asked for Christian Science treatment. Almost by return mail I received a letter from her with references for me to study in *Science and Health* and giving me fine support.

At first, to read I had to hold the printed page at a little distance, in a good light, but my prayer and the Christian Science treatment continued. I did not wear the glasses again. I even got so I could read the dictionary and the telephone book, and I still can.

Many other occasions have been mine to increase my understanding of this very practical religion. I have received help from my understanding of Christian Science in getting along with other workers in close proximity. This was done by understanding that God is the one divine Father-Mother, and each one is a child of God. I am very grateful to God for sending Christ Jesus, the Way-shower, and for Mrs. Eddy, who worked tirelessly for all of us.

C. MILLER HAZZARD  
Austin, Texas



With deep appreciation for the healing efficacy of Christian Science I submit this testimony.

Over five years ago I was ill with chest inflammation and a cough, and was taking medication from a doctor who had treated the children and me for a number of years. Instead of the condition improving, it grew worse, and I was unable to eat or sleep for several days. It was at this point I ran out of medication. My extremity proved to be God's opportunity.

My husband, a student of Christian Science, was unable to get a doctor in the area to take me as a patient. The doctors' suggestion was to take me to a hospital emergency room for treatment. As I had been admitted to hospitals on an emergency basis before, I became frightened and refused to go.

At that point my husband told me that I would either have to

go to the hospital or have Christian Science treatment. I consented to read from *Science and Health* by Mrs. Eddy. He guided me to this passage (p. 393): "Have no fear that matter can ache, swell, and be inflamed as the result of a law of any kind, when it is self-evident that matter can have no pain nor inflammation. Your body would suffer no more from tension or wounds than the trunk of a tree which you gash or the electric wire which you stretch, were it not for mortal mind." With this inspiration of Truth I was very much relieved and went to my room and slept soundly for a few hours. When I awoke, I ate, got dressed, and went with my family to a fair.

As I look back on this quick healing it is very clear that, since I could scarcely stand alone before reading the truth of man's being from *Science and Health*, this was an incontestable proof of the swift healing efficacy of Truth. Before we retired that night my husband explained the difference between the first chapter of Genesis, the record of the true spiritual creation, and the second chapter, which gives the unreal, illusory account. The realization that God made everything good, as stated in Genesis (1:31), "And God saw every thing that he had made, and, behold, it was very good," broke the mesmerism, and I was completely healed.

As a direct result of this realization of God's goodness I found I was also healed of other physical ailments that had bothered me for many years. These were migraine headaches and the need to wear glasses.

During this spiritual awakening to good as the only cause, I realized the impossibility of sickness of any kind as a part of any member of my family. Our nine-year-old daughter never again suffered from a long list of allergies, which she had had from her earliest years. My small understanding at this time consisted of only the two truths related, yet many false beliefs were destroyed. I mention this in the hope that it will show others it isn't how long one has been a student of Christian Science, or the amount of the letter of truth that you know, but the wholeheartedness with which you accept this truth that brings about healing.

In Matthew (17:20) Jesus says: "If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; and nothing shall be impossible



unto you." Since taking up the study of Christian Science, I have seen many proofs that a grain of truth does remove seemingly mountainous problems.

For these healings and many more too numerous to mention I am extremely grateful. My gratitude is unbounded for the valuable experience of membership in a branch church, membership in The Mother Church, for opportunity to serve in the capacity of Second Reader, and the blessing of class instruction.

(Mrs.) CAROL G. SOLOMON  
Montgomery, New York



My first testimony appeared in *The Christian Science Journal* of February, 1965.

Several years ago when we were returning home from a visit with my daughter, a tire on our car blew out and caused us to overturn into a ditch off the highway. I had been driving the car but was on the back seat when it landed upright in the ditch. The only statement made before help reached us was by my son, who said, "God is right here." Two large highway trucks had stopped and the drivers came down to offer assistance. We assured them we were all right, and one of the drivers put a chain on the car and pulled it back to the highway. Even though the car was damaged, we were able to drive it to our home, a distance of about one hundred miles.

We often read the Lesson-Sermon in the *Christian Science Quarterly* when we travel, as well as the Christian Science periodicals and hymns from the *Christian Science Hymnal*. These words from Hymn No. 53 express beautifully God's loving embrace which enfolded us, and indeed took us all the way:

Everlasting arms of Love  
Are beneath, around, above;  
God it is who bears us on,  
His the arm we lean upon.

One morning I poured a cup of very hot liquid over one of my hands. I immediately declared, "There is no sensation in mat-

ter." I put a cloth over the hand and continued with my breakfast. Then I began to be afraid, as I was to be the only one in our office that day, and wondered how I could do the necessary typing as my hand had become very red and painful.

Immediately I began to work with "the scientific statement of being" from page 468 of *Science and Health* by Mrs. Eddy. All during the day I took each sentence of this statement and tried to understand it more fully. One sentence reads, "All is infinite Mind and its infinite manifestation, for God is All-in-all." By the end of the day I had done all that was necessary at the office and the hand had completely cleared up.

At another time I had a painful knee condition which prevented me from bending the knee or walking without assistance. A statement from page 423 of *Science and Health* was a great comfort. It reads: "Bones have only the substance of thought which forms them." The uplift I got from verses 12 and 13 of Chapter 12 in Hebrews was the turning point in my demonstration: "Wherefore lift up the hands which hang down, and the feeble knees; and make straight paths for your feet, lest that which is lame be turned out of the way; but let it rather be healed." This I did and was able soon thereafter to go to my office for a short while. Whenever I had to move around I pondered Hymn No. 427 in the *Hymnal* which begins, "I walk with Love along the way,/And O, it is a holy day." The condition completely cleared up and the healing has been permanent.

Among the many blessings for which I am most grateful is that of having had class instruction from a consecrated teacher of Christian Science. The annual association meeting continues to bless me through the years.

While serving as Second Reader of our branch church, I learned the difference between just reading the Lesson-Sermon before going to work in the morning, and daily prayerful study of it; and I am most grateful to Mrs. Eddy for providing for these lessons and for having selected the subject of each lesson.

I am grateful that my son is an earnest student of Christian Science and daily proves it to be the way of Life.

(Mrs.) SARA DELBRIDGE LOWE  
Jackson, Mississippi

# Words of Current Interest

Related to the Lesson-Sermon  
for October 3, 1976, in the  
**CHRISTIAN SCIENCE QUARTERLY**  
Subject: Unreality

## **There were many with me (Ps. 55:18)**

The Revised Standard Version translates, "Many are arrayed against me."

## **The words of Nehemiah (Neh. 1:1)**

As it stands today, the book of Nehemiah, as well as I Chronicles, II Chronicles, and Ezra, was compiled by an anonymous post-exilic historian whom scholars call "The Chronicler." It includes authentic reminiscences of a Jew who served as cupbearer to the Persian monarch (probably Artaxerxes I, 465-424 B.C.) and who was appointed provincial governor in Jerusalem for two terms.

## **In the month Chisleu . . . as I was in Shushan (Neh. 1:1)**

Chislev (the common spelling) corresponds to the period from December 5 to January 3; Nisan (see 2:1) corresponds to April 13-May 11. The year was 445 B.C. Shushan, Susa, was the site of the

winter palace of the Persian kings.

## **I asked them concerning the Jews that had escaped (Neh. 1:2)**

Nehemiah apparently belonged to a family of educated, prosperous, and skilled Jews, for it was they who had been deported by Nebuchadnezzar to Babylon early in the sixth century. The non-skilled, nonprominent peasant class had been left behind in their own land, occupied by Babylonian (and subsequently Persian) forces. Other Jews had fled before Nebuchadnezzar captured Jerusalem in 586 B.C. and were political exiles in Egypt and elsewhere.

## **Sanballat . . . and Tobiah (Neh. 2:10)**

Each man was a Persian official in control of a territory—to the north and east of Judah respectively. Geshem (alternatively Gashmu) the Arabian—see 2:19 and 6:6—was probably an official in Edom to the south of Judah. The Ashdodites (see 4:7) were Philistines on the northern sea-coast. Because of their local interests, the last thing they wanted was to see the city of Jerusalem rise from its ruins and become strong and strategically central once more (unless, of course, they had some type of control over the city).

## **By the word of their testimony (Rev. 12:11)**

*The New English Bible* offers as an alternative translation: "The word of God to which they bore witness."

The Lesson-Sermons contain Bible references (King James Version) and correlative passages from "Science and Health with Key to the Scriptures" by Mary Baker Eddy.



# Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡ Indicates Children's Room available during lectures. Details should be obtained locally.

## ENGLAND

**GREATER MANCHESTER**—Oldham: Church, Foundry and Crossbank Sts., 3 p.m., Sun., Oct. 17. "Why Spiritual Healing?" (McClain)

**LANCASHIRE**—Blackburn: Pleckgate School, Community Centre., Pleckgate Rd., 2.30 p.m., Sat., Oct. 23. "The Complete Man and Woman" (Heafer)

**MERSEYSIDE**—Wallasey: Civic Hall, Town Hall, Brighton St., 8 p.m., Mon., Oct. 18. "Why Spiritual Healing?" (McClain)

**NORTHUMBERLAND**—Ashington: Ashington High School, Green Ln., 3 p.m., Sun., Oct. 17.‡ "Accept Only the True" (Heafer)

**WEST MIDLANDS**—Sutton Coldfield: Town Hall, King Edward Sq., 8 p.m., Tues., Oct. 19. "Why Spiritual Healing?" (McClain)

## SCOTLAND

**LOTHIAN**—Edinburgh (First): Church, Inverleith Ter. See local notice for hour. Thurs., Oct. 14.‡ "Why Spiritual Healing?" (McClain)

**STRATHCLYDE**—Glasgow (Second): Palace of Art, Bellahouston, 8 p.m., Mon., Oct. 18.‡ "Accept Only the True" (Heafer)

## SWITZERLAND

**Chur**: Church, 5 Theaterweg, 2.15 p.m., Sun., Oct. 17. In German. "The Spiritual Basis of Health" (Ferris)

**St. Gall**: Church, 2 Böcklinstr., 8 p.m., Fri., Oct. 22. In German. "The Spiritual Basis of Health" (Ferris)

**Zurich** (First): Church, 4 Merkurstr., 5 p.m., Sat., Oct. 23. In German. "The Spiritual Basis of Health" (Ferris)

## INDIA

**Hyderabad**: See local publications for place. 6.30 p.m., Fri., Nov. 19. In English. Telugu translation 7.45 p.m. "The Science of God's Law" (Curtis)

## CHILE

**Santiago** (First): Hotel Carrera, 15° Piso, Teatinos esq. Agustinas, 7 p.m., Tues., Nov. 16. "Responding to the Word of God" (Anwandter)

**Santiago** (Society): Biblioteca Nacional, Avda. Bernardo O'Higgins N° MacIver, 7 p.m., Mon., Nov. 15. In Spanish. "Liberation Through Christ" (Anwandter)

## UNITED STATES AND CANADA

(Week of October 3 to 9, and some earlier and later dates)

## CANADA

**BRITISH COLUMBIA**—Kelowna: Royal Anne Hotel, 348 Bernard Ave., 8 p.m., Thurs., Sept. 30. "How to Love and Be Loved" (Alton)

**Victoria**: McPherson Playhouse, 3 Centennial Sq., 3 p.m., Sun., Oct. 3. "What's Your Greatest Need?" (Alton)

**ONTARIO**—Ottawa (First): Church, 288 Metcalfe St., 7.30 p.m., Tues., Sept. 28.‡ "Use Your Spiritual Power" (Henderson)

## UNITED STATES

**ALASKA**—Anchorage: First United Methodist Church, 725 W. Ninth Ave., 8.15 p.m., Mon., Oct. 18.‡ "Divine Love Is the Only Mind" (Crichlow)

**Fairbanks**: Church, 811 First Ave., 8 p.m., Tues., Oct. 19.‡ "Prayer-Power" (Crichlow)

**Juneau**: See local notice for place. 8 p.m., Thurs., Oct. 21. "Divine Love Is the Only Mind" (Crichlow)

**Ketchikan**: Church, 330 Main St., 8 p.m., Fri., Oct. 22.‡ "Prayer-Power" (Crichlow)

**ARKANSAS—Harrison:** First United Methodist Church, Stephenson and Pine Sts., 2.30 p.m., Sat., Oct. 9. "Peace Is Individual" (Linnig)

**Rogers:** Methodist Church, 307 W. Elm St., 12 m., Sat., Oct. 9.‡ "Your Unlimited Opportunities" (McGrew)

**CALIFORNIA—Crescent City:** Masonic Hall, Ninth St., bet. B and C Sts., 3.30 p.m., Sun., Oct. 3. "A Lesson from a Bridge" (Tuttle)

**Oakland (Seventh):** Church, 2333 Harrison St., 2 p.m., Sat., Oct. 9.‡ "Protection Where Lions Lurk" (Wood)

**Oroville:** Central School, 2565 Mesa Ave., 8 p.m., Fri., Oct. 8.‡ "Protection Where Lions Lurk" (Wood)

**COLORADO—Fort Collins:** Student Ctr. Theatre, Colorado State Univ., 3 p.m., Sun., Oct. 3.‡ "Divine Love Is the Only Mind" (Crichlow)

**Grand Junction:** Church, Seventh St. and Chipeta Ave., 8 p.m., Mon., Oct. 4.‡ "Divine Love Is the Only Mind" (Crichlow)

**FLORIDA—Coral Gables:** Church, 410 Andalusia Ave. and Le Jeune Rd., 8 p.m., Fri., Oct. 8.‡ "A New View of Prophecy" (Thorneloe)

**Fort Lauderdale (First):** War Memorial Auditorium, 800 N.E. Eighth St., 8 p.m., Sat., Oct. 9.‡ "A New View of Prophecy" (Thorneloe)

**North Miami:** Church, 13650 N.E. Tenth Ave., 8 p.m., Thurs., Oct. 7.‡ "A New View of Prophecy" (Thorneloe)

**IDAHO—Lewiston:** Hotel Lewis and Clark, Second and Main Sts., 8 p.m., Fri., Oct. 1.‡ "What Does It Mean to Be Saved?" (Pike)

**Payette:** American Legion Hall, S. Eighth St., 8 p.m., Thurs., Sept. 30.‡ "Life Without Doubt" (Pike)

**ILLINOIS—Bloomington:** High School, 1202 E. Locust, 8 p.m., Tues., Oct. 5.‡ "A New Beginning" (Jenks)

**Centralia:** Church, 104 S. Maple St., 8 p.m., Mon., Oct. 4.‡ "Your Unlimited Opportunities" (McGrew)

**Champaign:** Church, 602 W. Church, 8 p.m., Mon., Oct. 4.‡ "The Touch of Spirit" (Clarke)

**Chicago (Nineteenth):** Church, 4115 N. Kedvale Ave., 3.30 p.m., Sun., Oct. 3.‡ "From Hell to Heaven" (Rogers)

**Dixon:** Church, 321 W. Second St., 8 p.m., Thurs., Oct. 7.‡ "The Touch of Spirit" (Clarke)

**Edwardsville:** Church, 317 N. Buchanan St., 8 p.m., Thurs., Oct. 7.‡ "Are You Resourceful?" (Linnig)

**Elmhurst:** Church, 271 Prospect Ave. and Claremont St., 3.30 p.m., Sun., Oct. 3.‡ "The Touch of Spirit" (Clarke)

**Glenview:** Church, 1333 Glenview Rd., 8 p.m., Fri., Sept. 24.‡ "Ageless Youth" (Driver)

**Highland Park:** Church, 493 Hazel Ave., 8 p.m., Fri., Oct. 8.‡ "The Touch of Spirit" (Clarke)

**Lake Forest:** Triangle Park, 500th block E. Deerpath, 3 p.m., Sun., Oct. 3.‡ "A New Beginning" (Jenks)

**Quincy:** Church, 18th and Vermont Sts., 8 p.m., Thurs., Oct. 7.‡ "A New Beginning" (Jenks)

**INDIANA—Valparaiso:** Benjamin Franklin Jr. High, 605 N. Campbell St., 8 p.m., Mon., Oct. 4.‡ "A New Beginning" (Jenks)

**KANSAS—Kansas City:** Holiday Tower Inn, Fourth and Minnesota Ave., 8 p.m., Mon., Oct. 4.‡ "What Does It Mean to Be Saved?" (Pike)

**Lawrence:** Church, Massachusetts and 17th Sts., 3 p.m., Sun., Oct. 3.‡ "Your Right to Be Right" (Pickett)

**Manhattan:** Church, 511 Westview Dr., 3 p.m., Sun., Oct. 3.‡ "What Does It Mean to Be Saved?" (Pike)

**Wichita (joint lecture):** Coleman Jr. High, 1544 N. Gouverneur, 4 p.m., Sat., Sept. 25.‡ "Divine Love Is the Only Mind" (Crichlow). Note change of place.

**LOUISIANA—New Orleans (Second):** Delta Towers, 1732 Canal St., 8 p.m., Thurs., Sept. 30.‡ "Your Unlimited Opportunities" (McGrew). Note change of place.

**MASSACHUSETTS—Fitchburg:** Church, 60 Oliver St., 3 p.m., Sun., Oct. 3.‡ "The Evidence: True or False?" (Tyc)

**MICHIGAN—Adrian:** Lenawee Vocational Technical Ctr., 2345 N. Adrian Hwy. (M 52), 8 p.m., Tues., Oct. 5.‡ "Get Your Life in Balance" (Driver)

**MICHIGAN** (continued)

**Beulah-Benzonia:** Church, 939 Beulah Hwy., Beulah, 3 p.m., Sun., Oct. 3. "Ageless Youth" (Driver)

**MINNESOTA—Minneapolis** (Seventh): See local notice for place. 8 p.m., Fri., Oct. 1.† "The Touch of Spirit" (Clarke)

**Rochester:** Holiday Inn-Downtown, Gold Rm., 220 S. Broadway, 8 p.m., Thurs., Sept. 30.† "The Touch of Spirit" (Clarke)

**MISSOURI—Kansas City** (Second): Church, 1309 Meadow Lake Pkwy., 8 p.m., Tues., Oct. 5.† "Your Unlimited Opportunities" (McGrew)

**Lake Ozark:** Howard Johnson's Motor Lodge, Bus. Rte. 54 and Rte. 54, 8 p.m., Fri., Oct. 8.† "You're a Freeman!" (Linnig)

**St. Louis** (joint lecture): American Theatre, Ninth and St. Charles, 12.15 p.m., Tues., Oct. 5. "The Science of Happiness" (Linnig)

**MONTANA—Missoula:** Church, 138 E. Pine St., 8 p.m., Thurs., Oct. 7.† "Your Right to Be Right" (Pickett)

**NEBRASKA—North Platte:** Church, 1501 West A St., 8 p.m., Mon., Oct. 4. "Your Right to Be Right" (Pickett)

**NEW JERSEY—Bernardsville:** Church, Rte. 202 and Meeker Rd., 8.30 p.m., Thurs., Oct. 7.† "The Evidence: True or False?" (Tyc)

**Dover:** Church, 360 W. Blackwell St., 8.30 p.m., Mon., Oct. 4.† "Drift or Direction in Life?" (Kenyon)

**East Brunswick-New Brunswick:** Church, 110 Ryders Ln., East Brunswick, 3 p.m., Sat., Oct. 9.† "Drift or Direction in Life?" (Kenyon)

**Newark:** Church, 475 Mt. Prospect Ave., 8.30 p.m., Thurs., Sept. 30. "Drift or Direction in Life?" (Kenyon)

**Princeton:** Garden Theatre, Nassau St., 11 a.m., Sat., Oct. 9. "The Evidence: True or False?" (Tyc)

**Westwood:** Church, 91 First Ave., 8.30 p.m., Fri., Oct. 8.† "Justice Under God's Care" (Henderson)

**NEW YORK—Bay Shore:** Church, 8 Lawrence Ln. and W. Main, 2.30 p.m., Sat., Oct. 9.† "Use Your Spiritual Power" (Henderson)

**Bronx** (Fifteenth, New York): Church, 1949 Cross Bronx Expy., 3.30 p.m., Sat., Oct. 9. "Safe in God's Care" (Williams)

**Cortland:** State Grange Auditorium, 100 Grange Pl., off Clinton Ave., 8.15 p.m., Thurs., Oct. 7. "Life Without Lack" (Mondino)

**New Hartford** (First, Utica): Treadway Resort Inn, Campion Rd., 8 p.m., Tues., Oct. 5.† "Life Without Lack" (Mondino)

**Niagara Falls:** Church, Park Pl. and Pine Ave., 3.15 p.m., Sun., Oct. 3.† "Life Without Lack" (Mondino)

**Norwich:** Chenango Inn, 75 N. Broad St., 3.15 p.m., Sun., Oct. 3. "Use Your Spiritual Power" (Henderson)

**Syracuse** (First): Church, 728 E. Genesee St., 8 p.m., Tues., Oct. 5.† "Justice Under God's Care" (Henderson)

**NORTH CAROLINA—New Bern:** Ramada Inn, 925 Broad St., 3 p.m., Sun., Oct. 3. "A New View of Prophecy" (Thorneloe)

**Rocky Mount:** West Haven Presbyterian Church, 1001 West Haven Blvd., 8 p.m., Mon., Oct. 4.† "A New View of Prophecy" (Thorneloe)

**OHIO—Bucyrus:** Church, 309 S. Walnut St., 8 p.m., Fri., Oct. 8. "Get Your Life in Balance" (Driver)

**Cleveland Heights:** Church, 3181 Fairmount Blvd., 8 p.m., Sat., Oct. 9.† "Become What You Are!" (Rogers)

**Rocky River:** Church, 1460 Wagar and Detroit Rds., 8 p.m., Fri., Oct. 8.† "From Hell to Heaven" (Rogers)

**Youngstown** (Second): Church, 208 Parkcliff and Hillman Aves., 8 p.m., Thurs., Oct. 7.† "The Family of Man" (Rogers)

**OKLAHOMA—Stroud:** High School, 721 N. Second Ave., 8 p.m., Thurs., Oct. 7. "Life Without Doubt" (Pike)

**OREGON—Salem:** Leslie Junior High, 710 Howard, S.W., 8 p.m., Tues., Oct. 5.† "Protection Where Lions Lurk" (Wood)

**PENNSYLVANIA—Carlisle:** See local notice for place. 8 p.m., Mon., Sept. 27. "Life Without Lack" (Mondino)

**Doylestown:** Church, Church and E. State Sts., 8 p.m., Fri., Oct. 8.† "Life Without Lack" (Mondino)

**Forty Fort:** Church, 1585 Wyoming Ave., 8.15 p.m., Tues., Oct. 5.† "The Evidence: True or False?" (Tyc)

**Hatboro:** Lehman Memorial Methodist Church, York Rd. and Lehman Ave., 8.15 p.m., Fri., Oct. 8.† "Christian Science: Its Healing Practice" (Kenyon)

**Philadelphia (First):** Church, 4012 Walnut St., 11 a.m., Sat., Oct. 9.† "Life Without Lack" (Mondino)

**Philadelphia (Third):** Church, 8044 Stenton Ave., Chestnut Hill, 11 a.m., Sat., Sept. 25.† "Life Without Lack" (Mondino)

**Stroudsburg:** State College, Dansbury Commons, East Stroudsburg, 8 p.m., Thurs., Oct. 7. "Christian Science: Its Healing Practice" (Kenyon)

**Upper Darby:** Church, Chestnut St., east of 69th St., 3.15 p.m., Sun., Oct. 3.† "Drift or Direction in Life?" (Kenyon)

**RHODE ISLAND—Providence (First):** Church, Prospect and Meeting Sts., 8 p.m., Mon., Oct. 4.† "Who Is Making Your Decisions?" (Williams)

**SOUTH CAROLINA—Charleston:** Church, 137 Moultrie St., 8 p.m., Tues., Oct. 5.† "A New View of Prophecy" (Thorneloe)

**SOUTH DAKOTA—Huron:** Church, Ninth and Lincoln Sts., S.W., 8 p.m., Fri., Oct. 8.† "Prayer-Power" (Crichlow)

**Sioux Falls:** Church, 520 S. Minnesota Ave., 8 p.m., Thurs., Oct. 7.† "Divine Love Is the Only Mind" (Crichlow)

**TEXAS—Arlington:** Lamar High School, 1400 Lamar Dr., 3 p.m., Sun., Oct. 3. "Finding God's Direction" (Holmes)

**San Antonio (Second):** Colonies North Theatre, 3717 Colony Dr., 10.30 a.m., Sat., Oct. 9.† "What Does It Mean to Be Saved?" (Pike)

**UTAH—Ogden:** Church, 780 24th St., 3 p.m., Sun., Sept. 26.† "Life Without Doubt" (Pike)

**WASHINGTON—Centralia:** First United Methodist Church, 506 S. Washington St., 8 p.m., Thurs., Oct. 7.† "What's Your Greatest Need?" (Alton)

**Ephrata:** Church, 11th and C Sts., S.W., 3 p.m., Sat., Oct. 9. "Individualizing God's Power" (Pickett)

**Puyallup:** United Methodist Church, 1919 W. Pioneer, 8 p.m., Mon., Oct. 4.† "Protection Where Lions Lurk" (Wood)

**Seattle (Third):** Church, 17th N.E. and N.E. 50th St., 3 p.m., Sun., Oct. 3.† "Protection Where Lions Lurk" (Wood)

**Spokane (Second):** Church, W. 806 Indiana Ave. and Post St., 8 p.m., Tues., Sept. 21.† "Protection Where Lions Lurk" (Wood)

**WISCONSIN—Hartford:** Church, Hwy. K and Monroe Ave., 3 p.m., Sun., Sept. 26.† "A New Beginning" (Jenks)

**Plymouth:** First Congregational United Church of Christ, Pleasant and W. Main St., 8 p.m., Tues., Sept. 28. "A New Beginning" (Jenks)

**Wausau:** Church, 404 Franklin St., 8 p.m., Mon., Sept. 27.† "The Touch of Spirit" (Clarke)

**Wautoma:** Church, 140 E. Main St., 8 p.m., Thurs., Sept. 23.† "A New Beginning" (Jenks)

**WYOMING—Casper:** Church, Fourth and Grant Sts., 8 p.m., Tues., Oct. 5.† "Prayer-Power" (Crichlow)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]



## THE CHRISTIAN SCIENCE TEXTBOOK

*Science and Health with Key to the Scriptures* by Mary Baker Eddy is the textbook of Christian Science. It is available in English, in English-Braille, and in Danish, Dutch, French, German, Greek, Indonesian, Italian, Japanese, Norwegian, Polish, Portuguese, Russian, Spanish, and Swedish. It may be obtained from any Christian Science Reading Room, or ordered directly from MISS FRANCES C. CARLSON, Publisher's Agent, One Norway Street, Boston, MA, U.S.A. 02115.

## THE CHRISTIAN SCIENCE PERIODICALS

The following periodicals were founded by Mary Baker Eddy, the Discoverer and Founder of Christian Science, and are published by The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115:

**THE CHRISTIAN SCIENCE JOURNAL:** Monthly in English; \$14.00 a year, \$7.00 six months, \$1.25 a copy.

**CHRISTIAN SCIENCE SENTINEL:** Weekly in English; \$17.50 a year, \$8.75 six months, 50c a copy.

**THE HERALD OF CHRISTIAN SCIENCE:** Editions published monthly: French, German, Portuguese, Spanish. Each edition \$7.00 a year, 75c a copy. Editions published quarterly: Danish, Dutch, Greek, Indonesian, Italian, Japanese, Norwegian, Swedish. Each edition \$2.00 a year, 50c a copy. English-Braille, Grade Two, published quarterly, \$1.00 a year, 25c a copy.

**CHRISTIAN SCIENCE QUARTERLY (Bible Lessons):** Quarterly in English, Danish, Dutch, French, German, Greek, Indonesian (available only in Indonesia), Italian, Japanese, Norwegian, Polish, Portuguese, Spanish, Swedish. Each edition \$2.50 a year, 75c a copy. *Readers' size*, \$3.00 a year, \$1.00 a copy; in *English-Braille, Grade Two*, with all citations from the Bible and *Science and Health* written out in full, \$2.50 a year (12 issues), 25c a copy.

**THE CHRISTIAN SCIENCE MONITOR (regular daily edition):** An international newspaper published daily, Monday through Friday, except legal holidays, in English; available to subscribers worldwide; \$40.00 a year, \$36.00 nine months, \$24.00 six months, \$12.00 three months, 25c a copy.

**THE CHRISTIAN SCIENCE MONITOR (international weekly edition):** An international newspaper published weekly in English; not available to persons living in the United States, Canada, or Mexico; \$37.50 eighteen months, \$25.00 a year, \$12.50 six months, 60c a copy.

You may subscribe for these periodicals directly from The Christian Science Publishing Society in Boston or obtain them from a Christian Science Reading Room in your community.

## A REASON TO JOIN THE MOTHER CHURCH

The way opens for greater understanding as you acknowledge a deeper commitment to Christian Science. Belonging to The Mother Church helps you to feel this commitment.

You are warmly invited to apply for membership at any time. Applications are acted on twice each year—in June (applications due by May 1) and in November (applications due by October 1).

You may obtain an application from any Christian Science Reading Room, branch church or society, from a member of The Mother Church, or from a Christian Science practitioner listed in *The Christian Science Journal*. Or you may write directly to GEORGE W. LEDBETTER, Clerk, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

## VISITORS WELCOME

### FORMER HOMES OF MARY BAKER EDDY

1908–1910 *Chestnut Hill, Massachusetts*—400 Beacon Street. An exhibit traces Mrs. Eddy's role as Founder and Leader of our movement—preaching, teaching, writing, and commenting on issues still current.

#### Visiting Hours

May 1–October 31: 10 to 5 weekdays (including Saturdays);  
2 to 5 Sundays

November 1–April 30: 10 to 4 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May) and  
Bunker Hill Day (June 17)

1875–1882 *Lynn, Massachusetts*—12 Broad Street, where 100 years ago Mrs. Eddy completed her manuscript for *Science and Health with Key to the Scriptures*. It was while living here that Mrs. Eddy initiated many foundational steps in establishing the Christian Science movement. These include the formation of the Christian Scientist Association; the Church of Christ, Scientist; the Massachusetts Metaphysical College. Here also Mrs. Eddy was ordained as Pastor of her church.

#### Visiting Hours

May 1–October 31: 10 to 5 weekdays (including Saturdays);  
2 to 5 Sundays

November 1–April 30: 10 to 3 Saturdays only; 2 to 5 Sundays

Closed all holidays except Memorial Day (last Monday in May)  
and Bunker Hill Day (June 17)

## CHURCH SERVICES AND READING ROOMS

A directory of all Churches of Christ, Scientist, and Christian Science Societies, including the hours of their services and information about their Reading Rooms, appears monthly in *The Christian Science Journal*.

### The Mother Church

The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, is located near the corner of Massachusetts and Huntington Avenues.

The Church edifice is open to visitors Mondays through Fridays from 10 a.m. until 4:30 p.m., and Saturdays and Sundays from 12 noon until 4:30 p.m.

### SERVICES

Sunday morning at 10:45, Sunday evening at 7:30 (evening service omitted during July and August), and Wednesday evening testimony meeting at 7:30.

Sunday services in Spanish are held in the Original Edifice at 9:30 a.m., and a testimony meeting in Spanish the first Wednesday of each month at 6 p.m.

A supervised Children's Room is provided during all Sunday church services and the Wednesday evening testimony meetings.

Sunday School for pupils up to the age of twenty at 10:45.

### READING ROOMS

101 Belvidere Street (north end of Church Colonnade, Christian Science Center). Open Mondays through Fridays from 7:15 a.m. to 7 p.m., also Wednesdays from 8:30 p.m. to 9:30 p.m., Saturdays and holidays from 10 a.m. to 5 p.m., Sundays from 12 noon to 7 p.m.

194 Massachusetts Avenue (corner of Clearway Street). Open Mondays through Fridays 7:15 a.m. to 9 p.m., Wednesdays until 7 p.m., Saturdays from 8 a.m. to 5 p.m. Closed Sundays and holidays.

541 Boylston Street (across from Copley Square). Open Mondays, Tuesdays, Thursdays, and Fridays from 8 a.m. to 7 p.m., Wednesdays from 8 a.m. to 6 p.m., Saturdays and holidays from 10 a.m. to 5 p.m. (closed Thanksgiving, Christmas, and New Year's Day), Sundays from 1 to 5 p.m.

8 Milk Street (near Washington Street). *Jointly maintained with branch churches in the Greater Boston area.* Open Mondays through Fridays from 8 a.m. to 4:15 p.m., Saturdays from 9 a.m. to 1 p.m. Closed Sundays and holidays.

## CHRISTIAN SCIENCE PRACTITIONERS

Public practitioners of Christian Science are available and ready to assist you by prayer, if you need their help. A worldwide list of those who are professionally engaged full time in this healing work can be found in *The Christian Science Journal*. This periodical is obtainable at any Christian Science Reading Room. For a Reading Room in your locality see telephone directory.

## LECTURE NOTICE

Detailed information regarding lectures in the United States and Canada must reach the Journal, Sentinel, and Herald Editorial Department *nine weeks* before the week in which the lecture is to be given in order to ensure publication in the *Sentinel*. Information regarding lectures in other countries must reach the department *ten to fourteen weeks* before the week of the lecture. When lectures are to be radiocast, it should be so stated, station and frequency being included. When Children's Room facilities are to be available, this also should be stated.

The receipt of all information from the United States and Canada is acknowledged by the Editorial Department. If an acknowledgment is not received within two weeks, a duplicate notice should be forwarded.

For lecture announcements to be published in the *Herald*, please refer to information on the back of the Lecture Information forms supplied to branch churches.

## YOU CAN HELP

When you renew your subscription for one or more of the periodicals, please return your renewal notice with your payment. When possible, return payment in the preaddressed envelope provided for that purpose. If you do not have your renewal notice and the preaddressed envelope, please send a brief note giving your name, address, and the names of periodicals you are renewing to: Circulation Department, The Christian Science Publishing Society, One Norway Street, Boston, MA, U.S.A. 02115.

It would also be helpful to send one of the current mailing labels from the periodicals you are renewing.



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Relief Fund  
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Please make all checks payable to MARC ENGELER, Treasurer, The First Church of Christ, Scientist, Christian Science Center, Boston, MA, U.S.A. 02115.

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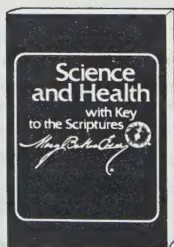
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